



MINUTES FOR THE 1ST AGM OF THE
Saint John Track & Field Club Inc./Club d'athlétisme Saint John Inc.
Held at the Whitebone Lounge at UNBSJ on April 10, 2014

BOARD ATTENDEES: Bill MacMackin, President
Sue Ellis Loparco, Vice President
Luc Cormier, Secretary
Peter Shanks, Director
Violet Brown, Director
Dave Thomas, Director
Jason Reindl, HP Coach

Members Attending: Rachelle McDonald, Christa McMaster, Sue Beaman Folkins, Llyne Robertson, Wendy Quigg, Rebecca Lagace, Lloyd Hodgins, Scott Purcell, John Herron, Chris Hoyt, Laine MacKinley, Cathy Dochstader, David Emerson, Mike Robinson, Michele Banks, Alex Coffin, Ross Britton, M Rye

1.0 Call to Order

The president confirms quorum and declares the meeting open at 5:15 pm.

2.0 Adoption of the Agenda

It is proposed by Luc Cormier and seconded by Peter Shanks that the Agenda of the 1st AGM of the Saint John Track & Field Club Inc. be adopted as is.

Motion accepted and CARRIED

3.0 Minutes of previous meeting / Actions from previous meetings

Minutes of the September 2013 meeting were reviewed. All actions were completed. It is proposed by Rebecca Lagace and seconded by Dave Thomas that the minutes of the September club meeting be adopted as is.

Motion accepted and CARRIED

4.0 President's Report

The president presented his Annual Report. Copy of written report attached.
Highlights are:

Mission and goals of the club
Key policies
2013 accomplishment
Summer employment opportunities

It is proposed by Sue Ellis Loparco and seconded by Dave Emerson that the President's Report be adopted as is.

Motion accepted and CARRIED

5.0 Financial Report

Violet Brown presented the 2013 financial statements. Copy of the statements is attached.

It is proposed by Ross Britton and seconded by Rebecca Legace that the 2013 financial statements be adopted as is.

Motion accepted and CARRIED

Violet Brown presented the 2014 budget.

It is proposed by Peter Shanks and seconded by Ross Britton that the 2014 budget be adopted as is. A copy of the budget is attached.

Motion accepted and CARRIED

6.0 Club Policies and bylaws

The president showed the attendees where the club policies and bylaws are all stored on the club website. The three following policies were discussed in greater depth:

Drivers policy

Risk Management and Screening policy

Code of Ethics policy

7.0 2014 Winter Season

Jason Reindl presented the highlights of the 2014 winter season including registration numbers, meet attendance, booklet, facilities, etc. It was a successful start to the year that we look to build on during our summer season. His written report is attached for the record.

8.0 2014 Summer Season

Jason Reindl and Bill MacMackin presented key points of the summer season:

Start Date/Locations/Coaches/Summer staff positions

School programs for Middle and High School

Competitions held in Saint John

Peter Shanks also discussed the volunteer needs of the club to assist with meets.

9.0 Club Board of Directors

The president called for nominations for the board of directors for the 2014-2015 year. The following is the final list of nominees:

Bill MacMackin, President
Sue Ellis Loparco, Vice President
Violet Brown, Secretary
Luc Cormier, Treasurer
Peter Shanks, Director
Dave Thomas, Director
Rachelle McDonald, Director

It is proposed by Dave Emerson and seconded by Ross Britton that the above mentioned people be appointed to the board of directors of the Saint John Track & Field Club Inc./Club d'athlétisme Saint John Inc. for the 2014-2015 year.

Motion accepted and CARRIED

10.0 Other Business

Dave Thomas advised the audience that after 35 years, this will be the last Hershey meet as Hershey is cancelling the program.

11.0 Future Meetings

The board meetings and club meetings will all be posted on the club website. The next club meeting will be in the fall.

12.0 The meeting is adjourned.

SJTC Fall Club Meeting - Agenda & Minutes

Location: Lily's Restaurant – Lily Lake Pavilion - September 24 – Tuesday @ 6:00 pm

1. Call to Order & Introductions, Review of the Agenda Bill
2. Review minutes & actions from the last meeting Bill
3. General Business
 - Financial report Bill
 - Athletics NB update & AGM Bill
 - UNBSJ Varsity Track & XC Jason
 - Cross Country Program Bill
 - Awards Night
 - Club Excellence Program
 - Club Fees
 - National Cross Country
4. Review the Outdoor Season 2013 Discussion
 - Coaches comments
 - Stats and results Discussion
 - What went well & Areas to improve – General discussion
5. Indoor Program - 2014
 - Start Date/Locations/Coaches
 - Planning for practices & RJT
 - UNBSJ Practices
 - Clinics
 - Meets

Minutes & Actions

Attendance: Bill M, Luc Cormier, Rachelle McDonald, Dave Mcauley, Dave Thomas, Mike Robinson, Wendy Quigg, Jason Reindl, Rebecca Lagace, Sue Loparco, Justin Young, Peter Shanks, Krista Shanks

General discuss was had about how the summer season went. We were very pleased with our athlete registration, performances, meet hosting and programs. A great year all round. A special congrats to all the athletes who competed SO Successfully. They made us proud.

Actions:

- Club Fees - We want to review our fees as we feel we need to adjust them in a way that is fair and reflects the range of training we are providing. It is clear some kids are getting more and our fee structure needs to reflect this as well as be fair to our recreational members- Bill. Luc and Jason will develop a plan for presentation to the club. – By October 15th
- Athletes competing – We want to encourage more athletes to compete. Ideas on how to do this are below. We especially want to encourage the 8-12 year olds to compete more.
 - o Integrate some more competition options into our training nights.
 - o Do some more twilight meets again
 - o Jason, Rachelle and Dave to develop a plan and some ideas by Jan 1
- Medical Support – It was agreed that we should look at having medical support at the competitions. This will be referred to ANB. – Bill will bring this issue to the ANB board and Staff
- First Aid Training – We will need to make sure we have coaches trained annually – SJTC to implement for indoor.
- Throws – we continue to have challenges attracting people to throws. This area deserves some focus in the coming year to promote it.
- Club Excellence – The club will be going through this process over the coming year. Bill, Dave T. Luc, Jason and Bill Kean have agreed to help here.



Annual General Meeting 2014 Presidents Report – April 10, 2014

Dear SJTC Members,

It is my pleasure to provide this report to you as president of the Saint John Track Club at this Annual Meeting. My report will be fairly brief as most things will be well reported by others throughout the meeting.

This meeting has come about due to a change in our club that will strengthen its foundation for the future. One of which is we have incorporated the club as a NB not for profit corporation back in February. As well over the past few months we have been working towards certification of SJTC under a national club certification program called Club Excellence. This program works to help clubs be stronger through the following.

- Recognizes clubs and associations that invest in building capacity to meet and exceed a basic set of operating principles - 30 standards in six core areas: program delivery; coaching; people management; governance; financial accountability; and marketing, recruitment and revenue generation
- Can contribute to better governance; increased financial accountability; improved integration with national and provincial sport organization programs; and increased awareness of LTAD philosophies



This meeting is the final step in the completion of this process at which point we will be evaluated for certification. Our hope is that this puts SJTC on a long term sustainable foundation for the future. I want to turn your attention to our web site and the policies and bylaws area. This is the location to find out about the business of the club and all our policies that have been approved by the board.

With regards to programming, I want to thank our staff members & volunteer coaches who have worked very hard last year to support and improve our programming over the past year. For this summer, we have done interviews for positions for this summer and have approved the hiring of Dan Brown in the full time position to replace Rachelle and also will be adding Julia Loparco as a part time staff person. Please note that these positions were advertised as per the board established policy and a hiring committee made the final selections. It consisted of Dave Thomas, Jason Reindl and me. This process was completed taking into account the clubs new conflict of interest policy which resulted in two board members abstaining from the process and the board vote.

Once again our sport and our club completed a very strong year in 2013 and so far in 2014. We hosted some outstanding events, saw continued growth in our membership and brought home many medals. Congratulations to the athletes and coaches involved.

A few key highlights of the year 2013:

- NB athletes qualifying for CIS Track Champs
- Medals at Legions, Seniors, Juniors, Canada Summer Games & Canadian Indoor Champs
- National Youth Team – 1 athlete selected 2013

Actions of the new Board of Directors:

- 1 Board meeting & 2 Board votes by email.
- Specifically the board approved or dealt with...
 - o Operating budget
 - o Policies
 - o Marketing plan
 - o Hiring of summer staff
- Members of the board and coaching team attended the ANB AGM & will attend the SAGM.

My focus for the past year has been

- Ensuring our staff is on track and supported to get their jobs done.
- Pursuing the completion of Club Excellence
- Attending all competitions as Coach
- Identifying ways for our programs to strengthen and improve

Thank you again for your hard work in making our sport so successful and congratulations to all of you on such an outstanding year. This success is yours and the direct result of your hard work for many years.

Well done & Thank you,



Bill MacMackin
President, Saint John Track Club



Mission & Values of the Saint John Track Club

The Saint John Track Club was founded in the 1970's by the late Walter Ellis and a group of interested parents. It has a long history of providing young Saint John area athletes with programs, coaching and the opportunity to compete locally, regionally and nationally. This document is meant to provide answers to some of the key questions that most parents and athletes have about our programs and training philosophy.

The club's mission is committed to...

1. Being an athletics family open to all ages & abilities
2. Providing participation, recreation & supporting high performance
3. Supporting track as a part of school sport & UNB V Reds Program
4. Having the facilities, equipment & volunteers to host "Great Meets!"
5. Building awareness of our athletes and our sport in the community

The club's main goals are to encourage and foster participation & performance in track & field.

- Provide a fun and rewarding program for youth to:
 - learn the events of track and field
 - increase their fitness
 - experience competition
 - support athletes in achieving their personal best
- Achieve leading performances striving for the following:
 - 3 national medals
 - 5 provincial records
 - 1 coach named to a provincial team
 - 1 athlete named to a national team
 - 1 coach named to a national team
 - Win a provincial club championships
 - Have an end of season 'survey' rating of 90%

The Saint John Track Club is a member of the True Sport movement which believes that sport can transform lives and communities—if we do it right. True Sport members across Canada are committed to community sport that's healthy, fair, inclusive, and fun. True Sport members stand together against cheating, bullying, aggressive parental behaviour, and win-at-all-costs thinking.

True Sport Principles for Sport

Go For It: Always rise to the challenge. Discover how good you can be.

Play Fair: Play honestly and obey the rules. Winning is only real when competition is fair.

Respect Others: Respect teammates, competitors and officials both on the field and off. Win with dignity and lose with grace.

Keep it Fun: Have a good time. Keep a positive attitude and contribute to a positive atmosphere.

Stay Healthy: Respect your body. Keep in shape. Avoid unsafe activities.

Give Back: Do something that helps your community.

www.truesport.ca

Unaudited Financial Statements of

Saint John Track & Field Club

December 31, 2013


On the basis of information provided by the organizing committee of the club, I have compiled the balance sheet of the Saint John Track & Field Club as of December 31, 2013 and the statements of the deficit and income for the period then ended.

I have not performed an audit or a review engagement in respect of these financial statements and, accordingly, I express no assurance thereon.


Readers are cautioned that these statements may not be appropriate for their purposes. The book keeper issuing the Notice to Reader communication is the President of the club.

January, 2013 ~~2013~~ 2014 V3.

Saint John, N.B.



President



Treasurer

Saint John Track & Field Club
Balance Sheet
 As of December 31, 2013

	Dec 31, 13	Dec 31, 12
ASSETS		
Current Assets		
Chequing/Savings		
Bank Account - Scotiabank	75,058.72	82,285.08
Total Chequing/Savings	75,058.72	82,285.08
Accounts Receivable		
Account/Sponsorship receivable	7,121.68	0.00
Total Accounts Receivable	7,121.68	0.00
Total Current Assets	82,180.40	82,285.08
TOTAL ASSETS	82,180.40	82,285.08
LIABILITIES & EQUITY		
Liabilities		
Current Liabilities		
Other Current Liabilities		
Program Funding- Future project	20,000.00	20,000.00
Total Other Current Liabilities	20,000.00	20,000.00
Total Current Liabilities	20,000.00	20,000.00
Long Term Liabilities		
Long-term liabilities - other	-6,265.00	0.00
Total Long Term Liabilities	-6,265.00	0.00
Total Liabilities	13,735.00	20,000.00
Equity		
Opening Bal Equity	9,067.79	9,067.79
Retained Surplus (Deficit)	33,267.14	28,993.17
Net Income	26,110.47	24,224.12
Total Equity	68,445.40	62,285.08
TOTAL LIABILITIES & EQUITY	82,180.40	82,285.08

Saint John Track & Field Club
Profit & Loss
 January through December 2013

	Jan - Dec 13	Jan - Dec 12
Ordinary Income/Expense		
Income		
Contributed support		
Business Donation/Contribution	6,050.00	0.00
Donated use of facilities	0.00	360.00
Gifts in kind - goods	5,000.00	0.00
Long-term pledges discount	0.00	260.51
Nonprofit organization grants	10,000.00	10,425.00
PNB Run Jump Throw Funding	6,368.50	0.00
Provincial grants	2,000.00	0.00
Total Contributed support	29,418.50	11,045.51
Major Programs & Events Revenue		
NCCWMA 2012 - Masters T&F		
NCCWMA 2012 Sponsors	0.00	44,124.00
NCCWMA Government Support	0.00	115,030.49
NCCWMA 2012 - Masters T&F - Other	0.00	60,522.02
Total NCCWMA 2012 - Masters T&F	0.00	219,676.51
Sponsorship programs/Donations	975.87	135.00
Total Major Programs & Events Revenue	975.87	219,811.51
Program Revenue		
Canteen revenues	0.00	625.00
Event Registration fees	1,650.00	510.00
Meet Organizing Revenue	8,600.28	2,160.00
Membership dues - Indoor	9,131.55	6,978.00
Membership Dues - Outdoor	10,873.00	10,038.00
Uniform Sales	2,245.00	1,040.00
Total Program Revenue	32,499.83	21,351.00
UNBSJ Varsity Athletics		
UNBSJ - Athlete Fees	24,274.00	10,817.00
UNBSJ - Fund Raising & Sponsors	7,248.65	0.00
UNBSJ - Track Club Contribution	0.00	393.04
UNBSJ - University Funding	31,400.00	45,380.00
Total UNBSJ Varsity Athletics	62,922.65	56,590.04
Total Income	125,816.85	308,798.06
Expense		
Major Event Expenses		
NCCWMA CMA 2012	-365.00	213,189.56
Total Major Event Expenses	-365.00	213,189.56
Major program Expense - UNBSJ		
UNBSJ Coaching Expense	13,019.33	12,906.84
UNBSJ Equipment & Uniforms	1,921.00	720.56
UNBSJ Facility Costs	503.27	142.00
UNBSJ Promotion & Recruiting	904.94	450.00
UNBSJ Registration Fees	5,169.60	2,067.44
UNBSJ Travel Expense		
UNB - Meal Money not used	-1,830.00	-280.00
UNBSJ Travel Expense - Other	33,836.93	14,110.96
Total UNBSJ Travel Expense	32,006.93	13,830.96
Total Major program Expense - UNBSJ	53,525.07	30,117.80

2:10 PM
03/05/14
Accrual Basis

Saint John Track & Field Club
Profit & Loss
January through December 2013

	<u>Jan - Dec 13</u>	<u>Jan - Dec 12</u>
Organizational expenses		
ANB Member Registration Fees	9,960.00	10,640.00
BBQ/Social & Award events	1,009.09	467.24
Canteen Supplies	0.00	563.95
Coaching Expenses	15,454.40	10,340.00
Coaching Reg Fees & Training	778.47	1,735.00
Elite Athlete Assistance	7,100.00	3,871.92
Equipment Purchase/Maintenance	6,290.21	1,136.02
Event Organization Expenses	3,219.35	600.00
Facility Rental	8,265.95	899.48
Meet Registration Fees	2,195.43	616.00
Meetings and Travel Expense	178.42	0.00
Officials	1,900.64	563.59
Postage, shipping, delivery	160.04	479.56
Uniform Expenses	9,701.74	4,148.70
Web Site & Communications	79.10	62.15
XC Event Expenses	203.62	500.00
Total Organizational expenses	<u>66,496.46</u>	<u>36,623.61</u>
Total Expense	<u>119,656.53</u>	<u>279,930.97</u>
Net Ordinary Income	<u>6,160.32</u>	<u>28,867.09</u>
Net Income	<u><u>6,160.32</u></u>	<u><u>28,867.09</u></u>

Saint John Track & Field Club

Profit & Loss Budget Overview

January through December 2014

	Jan - Dec 14
Ordinary Income/Expense	
Income	
Contributed support	
Business Donation/Contribution	10,050.00
Nonprofit organization grants	10,000.00
PNB Run Jump Throw Funding	6,368.50
Provincial grants	2,000.00
Total Contributed support	28,418.50
Major Programs & Events Revenue	
Sponsorship programs/Donations	0.00
Total Major Programs & Events Revenue	0.00
Program Revenue	
Event Registration fees	0.00
Meet Organizing Revenue	4,000.00
Membership dues - Indoor	9,131.55
Membership Dues - Outdoor	10,873.00
Uniform Sales	2,245.00
Total Program Revenue	26,249.55
UNBSJ Varsity Athletics	
UNBSJ - Athlete Fees	24,274.00
UNBSJ - Fund Raising & Sponsors	3,500.00
UNBSJ - University Funding	30,000.00
Total UNBSJ Varsity Athletics	57,774.00
Total Income	112,442.05
Gross Profit	112,442.05
Expense	
Major Event Expenses	
NCCWMA CMA 2012	0.00
Total Major Event Expenses	0.00
Major program Expense - UNBSJ	
UNBSJ Coaching Expense	13,019.33
UNBSJ Equipment & Uniforms	1,921.00
UNBSJ Facility Costs	1,003.27
UNBSJ Promotion & Recruiting	904.94
UNBSJ Registration Fees	6,169.60
UNBSJ Travel Expense	
UNB - Meal Money not used	0.00
UNBSJ Travel Expense - Other	54,778.42
Total UNBSJ Travel Expense	54,778.42
Total Major program Expense - UNBSJ	77,796.56

Saint John Track & Field Club
Profit & Loss Budget Overview
January through December 2014

	<u>Jan - Dec 14</u>
Organizational expenses	
ANB Member Registration Fees	9,960.00
BBQ/Social & Award events	1,009.09
Coaching Expenses	15,454.40
Coaching Reg Fees & Training	778.47
Equipment Purchase/Maintenance	650.00
Event Organization Expenses	1,655.48
Facility Rental	7,000.00
HP Athlete Assistance	0.00
Meet Registration Fees	0.00
Meetings and Travel Expense	178.42
Officials	0.00
Postage, shipping, delivery	160.04
Uniform Expenses	6,200.00
Web Site & Communications	79.10
XC Event Expenses	203.62
Total Organizational expenses	<u>43,328.62</u>
Total Expense	<u>121,125.18</u>
Net Ordinary Income	<u>-8,683.13</u>
Net Income	<u><u>-8,683.13</u></u>



April 10, 2014

Coaches Report - 2014 AGM

Practices

Thursday from 5:00-6:30pm at UNBSJ. During this time from 5-6pm we had both the main court and the right side court. From 6:00-6:30 we had only the right court although for the majority of time it was not fully utilized.

Sunday from 4:30-6:00pm at HMMS. During the time from 4:30-5:30 the RJT group utilized the gym leaving the 'older' athletes to do their workout in the hallway. At 5:30pm the 'older' athletes returned to the gym for the last 30 minutes of their workout.

**The UNBSJ space is more preferred and efforts should be put to arrange all club practices at UNBSJ such as Tuesday and Thursday from 5:00-6:30pm.

Booklets

We also developed a club booklet for testing and meet recording. The overall idea is great and was well received. The number of testing dates (4) was a bit overzealous though and a reduction to three would be recommended (1 indoor test occurring in late March, 1 in early May, and 1 in Late mid to late July).

Key 2014 Indoor Season Stats:

- 3 National Indoor Medals (2 Junior Gold & 1 Youth Bronze)
- 3 CIS Medals (1 Gold 4x800m and 2 silver 600m and 4x400m)
- 1 Athlete run on a national team (NACAC)

Provincial Records

Grace Annear Senior Women 600m 1:29.18s
Grace Annear Senior Women 800m 2:08.55s
Mitch Quigg Senior Mens Pole Vault 4.00m

NB Meet #'s:

Moncton Open - 8 athletes

NB Indoor - 29 athletes **Finished 2nd in the provincial team title race to Fredericton (496 to 408pts)*

AUS Open - 5 athletes

Atlantic Indoor - 17 athletes **Finished 3rd in the atlantic team title race to ASEA (701.7 to 256.5pts).*

AC Indoor - 4 athletes

CIS Champs - 3 athletes

Group	Female	Male	Total
Run Jump Throw	17	15	32
Junior Development	7	7	14
Competition	17	22	39
Masters	7	10	17



April 10, 2014

Age Class	Female	Male	Total
Peewee	17	15	32
Bantam	5	2	7
Midget	2	5	7
Youth	9	6	5
Junior	5	4	9
Senior	3	12	15
Master	7	10	17

UNB Varsity Reds Cross Country

25 athletes took part in the program (3 from SJ)

- At the AUS Championships the women's team was 3rd and men 4th
- Sarah Myatt was the teams top finisher in 6th place and named an AUS All-Star
- Katie Robinson (SJ) was 8th and named AUS Rookie of the Year
- At the CIS Championships Sarah was 40th (2nd for AUS) and Katie was 69th (5th for AUS).
- MVP's were Sarah Myatt and James Murphy.
- Katie Robinson (SJ) was named UNB VREDS Rookie of the year for all sports in recognition of her cross country achievements.

UNB Varsity Reds Track & Field

59 athletes took part in the program (12 from SJ)

- At the AUS Championships both teams finished in 3rd place.
- 3 Gold - 4 Silver - 12 Bronze Medals (19 in total) (9 from SJ)
- The men's 4x200m and Kyle Lefort were sent to the CIS Championships where Kyle would finish in 10th place and the men's 4x200m team finished 12th.
- Rookie of the Years were Tess McDonald and Kyle Lefort (SJ)
- MVP's were Sarah Myatt and Daniel Brown (SJ)
- Red & Black were Paige Lewis and Troy Wilson.
- At the UNBSJ awards banquet Clayton Holteen won the SRC Recognition award for sportsmanship, dedication, commitment. Katie Robinson and Kyle Lefort were selected as the Track and Field team award winners. Also, Katie and Clayton were named UNBSJ October Athlete's of the Month and Kyle was named March Athlete of the Month.



Track & Field – Outdoor Season Starting April 21

Starting in April, the Saint John Track Club will once again provide weekly training sessions at the UNBSJ stadium. For children ages 8-10 we offer the Run/Jump/Throw program as an introduction to the events of track and field with a focus on fun & fitness. Athletes age 11 and up will work on general fitness, strength training and technique for competitions. Athletes are welcome to attend one or all of the sessions held each week.

All Training Sessions at UNBSJ Starting April 21

Program	Dates / Days	Times
Run/Jump/Throw (RJT) (ages 8-10)	April 21 – July 31 Monday & Thursday	5:30-6:30 pm
Junior Development (recommended for athletes ages 11-15 moving from RJT or new to the sport)	April 21 – July 31 Monday & Thursday	5:30-7:00 pm
Specialized Training Groups - Distance, Sprints/Hurdles, Jumps & Throws (For experienced athletes ages 14+)	April 21 - August 11 Monday & Thursday	5:30-7:00 pm
Masters Group (ages 30+)	April 21 – July 31 Monday, Tuesday, Thursday	5:30-7:00 pm

Times may be subject to change due to weather or coach's scheduling. You may attend as many sessions as you are able. Individual coaches may add sessions from time to time as they see fit.

Coaching positions and responsibilities will be finalized and confirmed prior to program start date.

Note New Online Registration below...

Registration must be done online at <http://www.sjtc.ca/Programs/index.php> .

ANB fees cover all of 2014 including indoor track, outdoor track and cross country seasons.

PROGRAM / ATHLETE GROUP FEES	Club Fee Per Season	Annual ANB
Run/Jump/Throw (Ages 8-10)	\$50	\$40
Athletes Ages 11+	\$60	\$40
Club High Performance (Designated Athletes who are receiving personal coaching support)	\$100	\$40

For more info contact:

Bill MacMackin 506-847-0610
 Jason Reindl 506-343-2149
 Alex Coffin 506-654-1823
 Dave Thomas 506-849-4347

SaintJohnTrack@yahoo.ca
jasonreindl@me.com
marathoncanada@live.com
atlantic.hershey@gmail.com





SJTC / Athletics NB
High School Track Practices
UNBSJ Track - April 28 – June 5



The Saint John Track Club and Athletics NB are providing a series of coaching sessions to help high school athletes train in preparation for NBIAA competitions. The primary goal of this program is to offer more services to our area high schools and provide the athletes with quality practice opportunities.

Athletes from schools who do not have formal coaching situations in place will now have access to some of the top coaches in our region as well as regular access to the world class facilities and equipment at the UNBSJ Canada Games Stadium.

Coaching will provided by SJTC and ANB coaches:

- Bill MacMackin – Middle and Long distance
- Jason Reindl – Sprints, hurdles and jumps
- Sue Ellis – Throws
- Rachelle McDonald – Sprints and jumps
- Kristy Leslie - Throws
- Dave Thomas – Hurdles and Jumps

General Schedule - Starting April 28th - Monday, Wednesday & Thursday– 4:00-5:30

Not all events will be coached at every session based on the availability of the coaches.

Schools are responsible for the following...

- Register all athletes with NBIAA
- Coaching at all competitions
- Athletes / Schools are responsible for all transportation to UNBSJ if needed

We would prefer that a supervisor from the school oversee the students at these practices. We reserve the right to decline to coach athletes who misbehave, are unfocused or come unprepared.

For Information contact:

Phone:

Email

Bill MacMackin
Jason Reindl
Dave Thomas

847-0610
343-2149
849-4347

SaintJohnTrack@yahoo.ca
jasonreindl@me.com
atlantic.hershey@gmail.com

<u>Date</u>	<u>Event</u>	<u>Age Group / Athletes who should be competing</u>	<u>Location</u>
May-10-14	ASEA Spring Meet T0 Be Confirmed	All Athletes / All Age Groups	Moncton
May-19-14	SJTC Spring meet	All Athletes / All Age Groups	Saint John
May-25-14	Jeux de La Francophonie Try-outs + Open Meet	Francophone School Athletes & Open events for others	Rexton
May-31-14	NBIAA South West East Regional Meet	NB High School Teams	Saint John
June-07-14	NBIAA Provincial Championships	NB High School Teams	Rexton
June-10-14	Saint John area Hershey Meet & SJTC Twilight meet 1	All Athletes / All Age Groups	Saint John
June-13-14	Ian Hume *HPP TEAM OPPORTUNITY*	Selected Competitive Athletes	Sherbrooke, QC
June-17-14	NB Middle School Championships	NB Middle School Teams	Saint John
June-17-14	SJTC Twilight Meet 2	All Athletes / All Age Groups	Saint John
June-21-14	New Brunswick Championships	All Athletes / All Age Groups	Saint John
June-26-14	35e Finale des Jeux de l'Acadie	Francophone School District Teams	Bathurst
June-26-14	Canadian Track & Field Championships	Senior and some Junior Athletes	Moncton
June-29-14	New Brunswick Hershey Championships	Ages 8 to 14 (Based on the age they will be at the end of 2014)	Moncton
July-04-14	Canadian Junior Championships	Junior and some Youth Athletes	Sainte-Thérèse, QC
July-05-14	Maritime Hershey Championships & Open meet	Ages 8 to 14 (Based on the age they will be at the end of 2014)	Saint John
July-13-14	Legion Selection & Open meet	All Athletes / All Age Groups	Moncton
July-12-14	Canadian Master's Outdoor Championships	Masters Athletes (Over age 30)	Toronto
July-17-14	Club BBQ at Dave & Linda Thomas's house	All club members/parents/coaches and volunteers	Quispamsis
July-22-14	SJTC Twilight Meet 3	All Athletes / All Age Groups	Saint John
July-23-14	Jeux de la francophonie canadienne	Selected members of Team NB	Gatineau, QC
August-02-14	Atlantic Championships	All Athletes / All Age Groups	Dartmouth, NS
August-15-14	Canadian Legion Youth Track & Field Championships	Selected members of Team NB	Langley, BC