

SAINT JOHN TRACK CLUB

DIRECTORS MEETING

WEDNESDAY 20 SEPTEMBER 2017 AT ROCKWOOD PARK PAVILLION

Attendees:

X	Alex Holder	X	Dave Thomas	X	Rachelle McDonald
X	Bill MacMackin	X	Chris Belof	X	Sue Ellis Loparco
X	Dave Jefferson	X	Luc Cormier	X	Dave Emerson

Also: Rebecca Lagace, Coach.

1. Call to Order

Time: 6:11 PM

By: Bill MacMackin

2. Approval of Agenda

Motion: Sue Ellis Loparco

Luc Cormier

Unanimous. No changes.

3. Approval of Previous Minutes: 17 July 2017

Motion: Rachelle McDonald

Seconded: Dave Jefferson

Unanimous. No changes.

4. New Business

4.1 Reports

4.1.1 President's Report: Attached

4.1.2 Treasurer: Attached.

Discussion of variances by year.

4.1.3 Coaches report: Attached

Discussed intention to offer a Throw and Jump session in Fall 2018.

4.1.4 RJTW - First Contact Report: Attached

Included discussion of demography and local market trends.

Motion: Rebecca Lagace
(Receive and File)

Seconded: Luc Cormier

Unanimous.

4.2 Outdoor / Summer Season – Recap & Review

General discussion including comments from coaches and staff on what went well and areas to improve.

Motion: *Info only, not required.*

4.3 Fall Programs - Update

Discussion of:

Registration levels and plans for XC meets on Sept 19 & Oct 4th

Local/NBIAA / Atlantics/ Gagetown Indoor meet and other competitions

National XC Champs – Kingston, Ontario [UNB may send a small group]

Motion: *Info only, not required.*

4.4 Indoor track season

Discussion of:

Start dates, locations, coaching/staffing, volunteers

Registration fees [ACTION: Bill and Luc to circulate a proposal for minor adjustments]

Motion: *Info only, not required.*

4.5 Awards

Discussion of:

Club awards night [ACTION: Chris is to book the UNBSJ Whitebone Lounge]

Submissions to ANB Awards

Motion: *Info only, not required.*

4.6 Other

Discussion of:

SJTC Branding and Identity [ACTION: defer to next year]

Field House project update

Website project update: work is complete, feedback is solicited

Motion: Info only, not required.

5. Adjournment

Time: 7:25 pm

By: Chris Belof

Next meeting – TBA late January 2018



Board Meeting September 2017 Presidents Report

September 20, 2017 – Chair's Report

Please accept the report below as a general outline of my work over the few months. During this time, my primary focus has been on the following...

- Settling into my responsibilities with Athletics Canada
- Coaching our athlete group including attendance at Canada Games
- Working on the fieldhouse project
- Helping Chris B get settled in and understand our structure

Meetings & Activities – Since July

- July – Coaching 2-3 days per week
- July 22-23 – Hershey Atlantic Track & Field Champs
- July 27-present – Jeux Canada Games – Winnipeg
- August 24 – UNB Practice with Chris in Fredericton

My Priorities Next 90 Days

- Fieldhouse project
- XC Coaching – SJTC / SJHS
- Canada Games Foundation funding
- SJTC Awards
- Athletics Canada – National road trip to all provincial branches

Thank you,

A handwritten signature in blue ink, appearing to read "B. MacMackin".

Bill MacMackin
President, Saint John Track Club



RJTW & First Contact Report

SJTC Board Meeting
Alex Holder | June 5, 2017

Participation & Positive Experiences

- 12 Challenges Program in Rothesay with 27 participants
- HEC; SJEC; KV area track and field meets in Saint John and Rothesay
- Touchstone introduction to track and field program & Olympic Day at stadium
- AEFNB Physical Education PD Day booth in Dieppe
- Homeschool Track & Field day at UNBSJ
- Boys & Girls Club of Saint John Olympic Day at UNBSJ with involvement of instructors
- Legion & RJTW Provincials in Moncton
- Seawolves Multisport Camp involvement as well as other UNBSJ Sport Camp
- Canaport LNG Wellness day in Saint John & Fall Fair One Miler at Exhibition Park
- SJEC XC Meet at Rockwood Park

Coaching/Coaching Education

- YMCA of Moncton employees trained as RJTW Instructors this summer
- Working with Grand Manan to host several clinics this fall for interested students
- Potential to mentor middle/elementary school coaches to foster development
- SJTC Fall Program – solid numbers so far for second year of program

Other

- Successful grant application for Homeschool Track & Field Day
- Staff meeting with ANB regarding new programming; scheduling; etc.
- Handing out Youth XC Provincials “golden tickets” to student athletes
- Athletics Canada Conference Call
- Touchstone Academy Intro to Track Program & Track Day in Spring
- Athletics Canada Conference Call on Tuesday, September 26
- Submitted ANB Award nominees from the club online
- Introduction of XC Series with Provincial & Atlantic Events – planning & organizing
- Greater involvement in youth XC events with handouts, partnerships, etc.
- Working with Craig’s Cause to promote and organize Light Up the Lake event on Oct 29
- Ongoing process to contact RJTW Instructors about programs, updates, numbers, etc.
- Working on partnership with Moncton YMCA similar to YMCA of Greater SJ
- Inputting NB RJTW events into Athletics Canada calendar & inputting NB RJTW numbers

Numbers

- RJTW Instructors Trained in 2017 – **40**
- Yearly involvement in RJTW & First Contact in 2017 (approx.) – **12,000**
 - *Waiting on numbers from 2015/16 Instructors*

Board Report Sept 20th, 2017
Christopher Belof
High Performance Coach



Coaching Education:

- Club Coach seminar associated with the Nov 18/19th Summit in Moncton – Steve Leblanc is the lead
- Tentatively planning a Sport Coach clinic for spring of 2018 – date suggestions welcome

ANB:

- Part of the newly formed competitions committee – looking to align meets and weekend according to a more conducive calendar from all club – suggestions welcome
- Cross Country Series kick off – hoping to build through the upcoming years and align with AUS meets hosted in NB and Atlantic CC Championships
- AC Competition committee – still trying to align competitions and find

Performance:

- Craig Thorne 3xPRecord – 5th in Legion Youth Nationals
- Maire -Pier Cloutier – Hurdle PR - 4x100, CSG team
- Kenneth McGovern – PR in 400m – 10th in Legion Youth Nationals, CSG team
- Victoria – CSG 10th, Sr. Nats 400m PR, 400Mh PR and sf
- 1ST Group training camp went well Sept 8-10 in SJ – 2 sessions each day – Goal setting and a self therapy session
- MP is coming back from a fibular stress reaction
- Craig and Kenny are still transitioning from time off
- Victoria and Arty are in full volume this week return this week
- Addition of the Forbes Sister Brianne & Alexandra – both have been great
- Connecting with CSCA Sept 20th AM – will update on group support
- Looking to plan winter TC and summer comp series – travel suggestion open

Positive Experience:

- Small group of SJ distance women – MK, KW, KG, AG
- Addition of 2/3 athlete from on campus/community – development outreach and part of positive experience
- Sue P/S group – looks great, like the age range and concept

Saint John Track & Field Club
Profit and Loss Comparison
January 1 - September 11, 2017

	Total	
	Jan 1 - Sep 11, 2017	Jan 1 - Sep 11, 2016 (PY)
Income		
Contributed support	0.00	0.00
Agency (government) grants	4,250.00	3,800.00
Business Donation/Contribution	5,000.00	5,000.00
Corporate/business grants	0.00	5,000.00
Donated use of facilities	0.00	3,000.00
Nonprofit organization grants	15,000.00	15,000.00
Total Contributed support	\$ 24,250.00	\$ 31,800.00
Program Revenue	0.00	0.00
Athlete fees for competitions	0.00	1,845.00
Event Registration fees	0.00	10.00
Meet Organizing Revenue	1,655.98	5,253.00
Membership dues - Indoor	9,500.00	8,310.00
Membership Dues - Outdoor	14,290.00	12,365.00
Membership Dues - XC	60.00	0.00
Uniform Sales	200.00	1,475.00
Total Program Revenue	\$ 25,705.98	\$ 29,258.00
UNBSJ Varsity Athletics	500.00	0.00
UNBSJ - Athlete Fees	315.00	1,950.00
UNBSJ - Fund Raising & Sponsors	500.00	0.00
UNBSJ - University Funding	20,000.00	20,000.00
Total UNBSJ Varsity Athletics	\$ 21,315.00	\$ 21,950.00
Total Income	\$ 71,270.98	\$ 83,008.00
Gross Profit	\$ 71,270.98	\$ 83,008.00
Expenses		
Major program Expense - UNBSJ	0.00	0.00
UNBSJ Coaching Admin Expenses	298.63	4,062.72
UNBSJ Coaching Honorariums	4,500.00	0.00
UNBSJ Coaching Travel Expenses	468.00	453.57
UNBSJ Equipment & Uniforms	563.07	507.73
UNBSJ Facility Costs	6,649.12	5,572.68
UNBSJ Meet Organizing Expense	0.00	60.00
UNBSJ Promotion & Recruiting	53.73	137.60
UNBSJ Registration Fees	0.00	0.00
UNBSJ AUS Fees	0.00	900.35
UNBSJ Meet Fees	2,128.83	2,886.16
Total UNBSJ Registration Fees	\$ 2,128.83	\$ 3,786.51
UNBSJ Travel Accomodations	10,669.07	7,904.29
UNBSJ Travel Meals	4,714.25	5,649.11
UNB - Meal Money not used	0.00	-570.00
Total UNBSJ Travel Meals	\$ 4,714.25	\$ 5,079.11
UNBSJ Travel Transportation	9,745.65	9,945.20
Total Major program Expense - UNBSJ	\$ 39,790.35	\$ 37,509.41
Organizational expenses	0.00	0.00
ANB Member Registration Fees - Summer Session	4,550.00	3,050.00
ANB Member Registration Fees - Winter Session	4,050.00	3,850.00
BBQ/Social & Award events	747.63	620.58
Coaching Expenses	10,250.00	10,500.00
Coaching Reg Fees & Training	390.00	2,145.52
Equipment Purchase/Maintenance	1,581.92	363.70
Event Organization Expenses	2,345.62	4,987.49
Facility Rental	0.00	2,034.00
General Administrative Expense	2,209.76	2,298.99
HP Athlete Assistance	528.90	2,690.00
HP Athlete travel	0.00	1,799.76
Meet Registration Fees	0.00	46.00
Meetings and Travel Expense	242.28	137.64
Printing & copying	116.15	0.00
Uniform Expenses	2,978.50	5,885.89
Web Site & Communications	16.95	0.00
Total Organizational expenses	\$ 30,007.71	\$ 40,409.57
Total Expenses	\$ 69,798.06	\$ 77,918.98
Profit	\$ 1,472.92	\$ 5,089.02